



COVID-19 Resources

We understand the many challenges that face the Buffalo Prep community and all of Western New York as a result of the Coronavirus and the many restrictions that are in place to fight its spread.

As an organization, we are committed to helping Buffalo Prep families however we can. If your family is struggling with services, food, or other necessities, please contact Mr. Deveso (716-957-6458, mdeveso@buffaloprep.org) and we will be happy to assist you in exploring options to help.

All information will be kept in the strictest confidence.

Our thoughts and well wishes are with you all during this very difficult time.

General Resources and Updates on Covid-19:

[Partnership for the Public Good](#)

[Buffalo Public Schools](#)

[Erie County Coronavirus Response Page](#)

[New York State Coronavirus Response Page](#)

[Center for Disease Control and Prevention](#)

[New York State Department of Labor](#)

[National Partnership for Education Access Resource Page](#)

[National Summer Learning Association Resource Page](#)

Food and Meal Resources

[Buffalo Public Schools Free Breakfast and Lunch Schedule \(open to all Buffalo families ages 18 and under\)](#)

[FeedMore WNY](#)

[Tapestry Charter School Free Meal Drive Thru Service](#) (open to all Buffalo families ages 18 and under)

Health and Wellness

[Erie County Department of Health Community Resources](#)

[Child and Family Services](#)

[Family Justice Center](#)

[Crisis Services](#)

[The Pear Institute: Partnerships in Education and Resilience](#)

[Erie County Department of Social Services](#)

Educational Resources

[Buffalo and Erie County Public Library](#)

[New York State Department of Education](#)

[Scholastic](#)

[Education Companies Offering Free Subscriptions due to School Closings](#)

Talking About Covid-19

[Child Mind Institute](#)

[Talking to Children About Coronavirus.](#)

[Speaking Up Against Racism Around the New Coronavirus.](#)

[Resisting the Pandemic of Prejudice, Reclaiming the Power of Relationships](#)

[Protect Yourself and Stand Against Racism](#)

Western New York 2-1-1

2-1-1 WNY is your free and confidential link to health and human services.

Every day, across Western New York, people just like you are looking for help.

2-1-1 WNY is here 24 hours a day, 7 days a week. Just dial 2-1-1.

Emergency Crisis Phone Numbers**Suicide Prevention Line**

1-800-273-8255

Crisis Services

Buffalo & Erie County

716-834-3131

24 Hour Addiction Hotline

716-831-7007

Kids Helpline

716-834-1144

1-877-KIDS-400

24 Hour Erie County Domestic Violence Hotline

716-862-HELP

For Shelter: 716-884-6000

24 Hour NYS Domestic & Sexual Violence Hotline

1-800-942-6906

Crisis Text Line

Text Home to 741741

C.A.R.E.S

716 882 4357

If it is an emergency 9-1-1 is also an appropriate option

FULL FAMILY DIRECTORY AND RESOURCE GUIDE

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Local Hospitals

ECMC

462 Grider Street Buffalo, NY 14215
(716)-898-3000

Mercy Hospital

565 Abbott Rd, Buffalo, NY 14220
(716) 826-7000

John R. Oshei Children's Hospital

818 Ellicott St, Buffalo, NY 14203

Millard Fillmore Suburban Hospital

540 Maple Rd, Williamsville, NY 14221

Sisters of Charity Hospital

2157 Main St, Buffalo, NY 14214
(716) 706-2112

Food Services

Food Gnomes

(716)-218-8349

<https://www.foodgnomes.org/>

A non-profit agency who goes out two times a month to deliver food and or hygiene products to individuals in the community. There are no questions asked and no paperwork is required.

To be added to the delivery list:

1. Call or Text: (716) 218-8349
2. Leave your name, telephone number, address, and how many people are in your home. If you need a little extra, please don't tell us "three people." Just tell us you need a little extra.
3. You **must** leave a message. We do not return phone calls, we do not check caller ID.
4. **Please understand we will not be calling you back until the Sunday that we're going out. Rest assured you are on our delivery list! We do not have the volunteer power to call or text back everyone who contacts us.**
5. On the Sunday that we're going out, you will receive a call when your driver is on their way. Drivers typically hit the road between 5-8pm.
6. By calling our hotline you are confirming with us, at the time of the call that you will be home during those hours.

7. In the event that you are not home, or are unreachable (no cell phone minutes, other issues) we will attempt to leave the food in a safe space by your front door. We cannot be responsible for food that is not handed directly to you.
8. If you would like a delivery again, you will need to call our number once again a few days after your delivery, and follow the same steps.
9. **We do not automatically re-deliver. We do NOT keep records of those who we have delivered to. You will need to answer the same questions as before in order to receive a delivery.**

Friends of Night People

(716)-884-5375 394 Hudson Street Buffalo, NY 14201

<https://friendsofnightpeople.com/>

A non-profit organization that provides food to individuals in need in the community. Meals are freshly prepared, balanced and hot. Open Monday-Saturday 10am-7pm. Dinner is served Monday-Saturday 5pm-7pm.

Allentown: 394 Hudson Street

Lunch-Wednesday & Thursday – 11:30 to 1 PM

Dinner 5pm to 7 PM

Food Pantry Tuesday & Thursday – 7 to 9 PM

East Side: Urban Diner at Hope Center 385 Paderewski

Monday through Friday – 3 to 5 PM

Meal Time at Salvation Army 21 Westminster

Sunday – 1 to 3 PM

Tuesday & Thursday – 3 to 5 PM

West Side: Salvation Army 187 Grant Street

Monday – 3 to 5 PM

PUSH – Youth Center Meal 271 Grant Street

Tuesday, Wednesday & Thursday at 3PM

Riverside: 213 Ontario Street

Tuesday & Thursday – 3 to 5 PM

FeedMore WNY

100 James E. Casey Drive Buffalo, NY 14206 (716)-822-2002

Meals on Wheels and the Food Bank of Western New York are now FeedMore WNY. Provides meals to Western New Yorkers of all ages for whom securing nutritious food is a challenge.

Family Help Center Food Pantry

2172 60 Dingens Street Buffalo, NY 14206 Tuesday and Thursday, 9:00am-1:00pm. Residents of the Kaisertown area of 14206 who meet the income guidelines. Walk-in; in emergency situations, people outside the service area can call the Family Helpline to receive assistance. Free. Family Helpline: (716) 892- (716) 892-2172

Health Clinics

Lighthouse Medical Clinic

461 William Street, Buffalo, NY 14204

716-222-0805

Skin services (716)-222-9556

Gynecological Services (716)-236-8573

<https://www.lighthousefreemedicalclinic.com/>

The Lighthouse is a free medical clinic dedicated to providing free healthcare to the uninsured and underserved patients of Buffalo, New York. Services provided are essential medical, behavioral health and referral services. Hours of operation are on Wednesday nights from 5pm-9pm. We will see patients for physicals only on a walk-in basis with patient order determined randomly on site at 5 PM.

Planned Parenthood-Buffalo Medical Health Center

2697 Main Street Buffalo, NY 14214 (886)-600-6886

Provides health care for both men and women. Services include; abortion, birth control, emergency contraception, general health care, HIV services, LGBTQ services, men's health services, patient education, pregnancy and testing, STD testing and treatment services and Women's health.

Good Neighbor Health Care (Harvest House)

175 Jefferson Avenue Buffalo, NY 14210 (716) 856-2400

Provides health care services for adults only which include dental (exams, cleanings, extractions and fillings), primary care (health promotion and education, diagnosis and treatment of common acute and chronic illnesses, prescriptions and referrals to free or low-fee specialty services), sonograms, chiropractic care, counseling, eye exams and glasses. Provide no services for children. <http://www.harvesthouse.ws/goodneighbors>

Jericho Road Health Clinic (specializes in refugee services)

184 Barton Street Buffalo, NY 14213 (716)-881-6191 Provides primary health care, women's health services, pediatrics, diabetes education. Both male and female staff are available.

<http://www.jrchc.org>

Mental Health Counseling

Child & Family Services

330 Delaware Avenue Buffalo, New York 14202

Phone: (716) 335-7000

Child & Family Services provides counseling to children, families and adults. The staff includes licensed counselors, a psychiatrist, psychiatric nurse practitioners, and licensed practical nurses. treatment plans, and medication when necessary.

Gateway Longview Counseling Services

Downtown Clinic - 10 Symphony Circle | Buffalo, NY 14201

Northtowns Clinic - 6330 Main Street | Williamsville, NY 14221

Phone: (716)-783-3221

Gateway Longview is an outpatient program that provides counseling, therapy, and treatment services to children, adolescents, and families who live in Erie County. There is no waiting list for clinical services, and same-day appointments are usually available. Medicaid and most major medical insurances are accepted. When cost presents a challenge, families are not turned away from care and we work together to come up with a sliding fee scale based on individual abilities to afford services.

Best Self Behavioral Health

225 Delaware Avenue, Suite 300, Buffalo, NY 14202

Phone: (716)-884-0888

Provides mental health counseling for children, teens, adults and families in the community. There are many clinic locations throughout Buffalo. Offers sliding scale fee.

Endeavor Services

Phone: (716) 895-6700

Provides an array of holistic, innovative, evidence based mental health and chemical dependency treatment, education and support services to our community. There are many different locations throughout Buffalo, NY.

Horizon Health Services

Phone: (716)-831-1800

Provides hope and healing for individuals and their families dealing with substance use and/or mental health disorders. Call to inquire about information or to make an appointment.

Jewish Family Services of Buffalo & Erie County

Phone: (716)-883-1914

70 Barker Street Buffalo, NY 14209

Jewish Family Services of Buffalo & Erie County provides counseling and social services support to Western New York individuals and families.

Northwest Community Mental Health Center

1300 Niagara Street Buffalo, NY 14213

Phone: (716)-882-5959

Northwest is a comprehensive community mental health center that provides a wide range of services to people struggling with mental health, substance abuse, interpersonal, emotional and behavioral issues.

Catholic Charities

741 Delaware Avenue Buffalo, NY 14209

716-218-1400

Offers a variety of services to individuals in the community including individual, children and family counseling, food, medications and utilities, and preventative services.

Youth Services***Compass House***

Any youth under the age of 18 in Erie County who feels they need a Safe Place to get help with a problem, ex.) current living situation, or other crises in their life that might lead them to run away, or become homeless-can benefit from Safe Place.

Emergency Shelter: 370 Linwood Avenue Buffalo, NY 14209 (716)-886-8386

Resource Center: 1451 Main Street Buffalo, NY 14209 (716)-884-3066

Gay and Lesbian Youth Services

393 Delaware Avenue Buffalo, NY 14202 716-855-0221

Offers a variety of opportunities and services for gay, lesbian, bisexual, transgender & questioning youth and their friends ages 14-21.

The MOCHA Center

1092 Main St. Buffalo, NY 14209

716-852-1142

A space for LGBTQ (Lesbian, Gay, Bisexual, Transgender & Queer) people of color to network, socialize and address the various health issues faced around this region. The MOCHA Center hosts community events, offer supportive services to those in need, provide a link to PrEP (a life-saving HIV prevention medication), perform free HIV testing and sex education, and distributes free safer sex tools like condoms and lube to the community.

The Pride Center of WNY

200 S. Elmwood Avenue Buffalo, NY 14201

716-852-7743

Works with the community to make Western New York a safe, healthy and satisfying place for LGBTQ people to live, work and establish their families.

Boys and Girls Club of Buffalo

282 Babcock St. Buffalo, NY 14210

Phone: 716.825.1016

Substance Abuse***Western New York United Against Drug and Alcohol Abuse, Inc.***

Program: School Community Action Team (SCAT)

Address: 1195 Niagara Street, Buffalo, NY 14213 PHONE: (716) 821-7722

Website: www.wnyunited.org

Kids Escaping Drugs, Inc. Face 2 Face Summit and Early Intervention Program

920 Harlem Road, West Seneca, NY 14224 (716)-827-9462 www.ked.org

Kids Escaping Drugs, Inc (KED) offers pro-active education, early intervention and partners with Renaissance Addiction Services, Inc (RASI) to manage the Renaissance Campus (a 62 bed rehabilitation facility for boys and girls ages 12-20 suffering from chemical dependency). The Face 2 Face program (education and early intervention) partners with area schools, organizations and businesses to provide the message of consequences for adolescent experimentation from the perspective of a relevant panelist (either a child in recovery or a parent of a child whose experimentation led to addiction (for adult panels)). Face 2 Face also includes a one-on-one early intervention program with is available for adolescents identified as experimenting and their families.

Monday – Friday 8:30 – 4:30. Later panels and interventions are available upon request. Families simply make a phone call to 716-827-9462 to reserve a 60-90 minute appointment for an early intervention. Upon arrival, KED asks families to complete a brief questionnaire so that we can report demographic information of those served to area funders.

Housing and Shelter Services

Belmont Housing Resources for WNY

1195 Main St.

Buffalo, NY 14209

Assists low and moderate income households in Western New York in obtaining housing: by producing and preserving housing units, and by professionally managing affordable housing. (716) 884-7791 <http://www.belmonthousingwny.org>

Erie County Fair Housing Partnership

Not-for profit entity committed to promoting equal opportunity in housing. Includes the following organizations: Housing Opportunities Made Equal (HOME), tel. (716) 854-1400; US Department of Housing and Urban Development (HUD), tel. (716) 551-5755; The New York State Division of Human Rights, tel. (716) 847-7632; Neighborhood Legal Services, tel. (716) 847-0650; City of Buffalo Fair Housing Officer, tel. (716) 851-4212. <http://www.ecfhp.org>

Housing Opportunities Made Equal, Inc. (HOME)

1542 Main St. Buffalo, NY 14209

Help to ensure that the people of Western New York have an equal opportunity to live in the housing and communities of their choice-through education, advocacy, enforcement of fair housing laws, and the creation of housing opportunities. They provide an online form on their website to report discrimination.

(716) 854-1400 <http://www.homeny.org>

Cornerstone Manor for Women and Children- Buffalo City Mission

100 East Tupper Street, Buffalo NY 14203

Emergency shelter for up to 16 single women and 3 families. Also provides 2 years of transitional housing for up to 12 families and 46 single women.

(716)-854-8181 <https://www.buffalocitymission.org/the-dream>

Salvation Army Emergency Family Shelter

Provides temporary living accommodations and programs that help enhance the quality of life of approximately 530 women, men and children. The facility is staffed 24 hours a day, seven days a week, with trained caseworkers who work diligently to meet the basic needs of the homeless population in Western New York

(716)-884-4798 http://buffalo.salvationarmy.org/BuffaloNY/Emergency_Shelter

Other Services

Hope Refugee Drop-in center

Drop-in center for refugees who need general assistance with basic needs, welfare paperwork, housing referrals, and other inquiries. Operated by Jericho Road Health Services. 248 West Ferry Street, Buffalo, NY 14213. Open Monday- Friday 9:00 AM - 5:00 PM

(716)-881-0539 <http://www.jrchc.org/programs/hope-refugee-drop-in-center>

Journey's End Refugee Services Interpretation Department

Provides in-person interpretation services in over 30 languages. Community training and translation also available.

2495 Main Street, Buffalo NY 14214

(716)-882-4963 www.jersbuffalo.org

Native American Community Services

Serves entire population but specializes in service to Indigenous populations. Services include cultural competency training, foster care, economic self-sufficiency, family services, health and wellness. 1005 Grant Street, Buffalo NY 14207

(716)-874-4460 www.nacswny.org

International Institute of Buffalo

Resettlement services, employment services for refugees, language line interpreting services. 674 Delaware Avenue, Buffalo NY 14209

Contact: iib@iibuff.org

(716)-883-1900 <http://www.iibuff.org/>